

World Trade Center Medical Monitoring and Treatment Program

Covered Conditions

A list of the conditions currently covered by the program is given below. Treatment and testing for these conditions are provided by the program for program participants.

The MMTP will continue to collect, confirm, and analyze monitoring and treatment data, and this list will be updated as clinical and scientific knowledge is generated and determined to support modifications.

Aerodigestive Disorders

New onset or aggravation of pre-existing conditions for which clinical findings suggest onset is related to WTC exposure/injury:

- Interstitial lung diseases
- Chronic Respiratory Disorder –Fumes/Vapors
- Asthma
- Reactive Airways Dysfunction Syndrome (RADS)
- WTC-exacerbated chronic obstructive pulmonary disease (COPD)
- Chronic Cough Syndrome
- Upper airway hyperreactivity
- Chronic rhinosinusitis
- Chronic nasopharyngitis
- Chronic laryngitis
- Gastro-esophageal Reflux Disorder (GERD)
- Sleep apnea exacerbated by or related to the above conditions

Mental Health Conditions

New onset or aggravation of pre-existing conditions for which clinical findings suggest onset is related to WTC exposure/injury:

- Post Traumatic Stress Disorder (PTSD)
- Major Depressive Disorder
- Panic Disorder
- Generalized Anxiety Disorder
- Anxiety Disorder (not otherwise specified)
- Depression (not otherwise specified)
- Acute Stress Disorder
- Dysthymic Disorder
- Adjustment Disorder
- Substance Abuse
- “V codes” (treatments not specifically related to psychiatric disorders, such as marital problems, parenting problems etc.)

Musculoskeletal Disorders

New onset or aggravation of pre-existing conditions for which careful review of symptoms or other clinical information suggests relationship to WTC exposure/injury:

- Low back pain
- Carpal Tunnel Syndrome (CTS)
- Other musculoskeletal disorders

